



Great Falls High School Dual Meet Time Schedule



Great Falls Bison v Bozeman

April 9, 2024

Head Coach/Athletic.net entries: Dave Kilian

Athletic Director: Mike Henneberg

Please have entries on athletic.net by 7:31PM on the day prior to the meet

*****With the installation of field turf, please remind coaches & athletes that: food, sunflower seeds, tobacco products, chewing gum, driving stakes & sports drinks are strictly prohibited on the infield.**

FIELD EVENTS:

Time	Event	Order
3:30	Long Jump (East Pit...near 200m start)	1. VAR Boys 2. JV Boys
	Long Jump (West Pit...near 100m start)	1. VAR Girls 2. JV Girls
5:00*	Triple Jump (Same Pits as Long Jump) * after completion of JV Long Jump	1. VAR Boys 2. JV Boys 1. VAR Girls 2. JV Girls
3:30	High Jump	1. JV/VAR Boys 2. JV/VAR Girls
3:30	Pole Vault	1. JV/VAR Girls 2. JV/VAR Boys
3:30	Discus	1. JV Girls 2. VAR Girls 3. JV Boys 4. VAR Boys
3:30	Shot Put	1. VAR Boys 2. JV Boys 3. VAR Girls 4. JV Girls
3:30	Javelin	1. VAR Girls 2. JV Girls 3. VAR Boys 4. JV Boys

5 Varsity Athlete entries in Field Events - entries are unlimited for JV events

Varsity Field Events:

*3 Trials/3 Finals

*Top 4 to finals

Girls PV 6'0" Open +6" to 8' then +3"

Boys PV 7'0" Open +6" to 11' then +3"

JV Field Events:

*4 Trials

---Throws may take 2 throws at a time, measure furthest of the 2 throws

Girls HJ Opens by coach decision +2" to 5' then +1"

Boys HJ Opens by coach decision +2" to 6' then +1"

TRACK EVENTS (**Times are approximate...we will use a rolling schedule):

Time	Event	Order
3:30	110/100m Hurdles	1. VAR Boys 2. JV Boys 3. VAR Girls 4. JV Girls
3:45	100m Dash	1. VAR Boys 2. JV Boys 3. VAR Girls 4. JV Girls
4:00	3200m Run	1. ALL Boys 2. ALL Girls
4:30	4x100m Relay	1. VAR Boys/JV Boys 2. VAR Girls/JV Girls
4:50	400m Dash	1. VAR Boys 2. JV Boys 3. VAR Girls 4. JV Girls
5:00	300m Hurdles	1. VAR Boys 2. JV Boys 3. VAR Girls 4. JV Girls
5:15	800m Run	1. VAR Boys 2. JV Boys 3. VAR Girls 4. JV Girls
5:35	200m Dash	1. VAR Boys 2. JV Boys 3. VAR Girls 4. JV Girls
6:00	1600m Run	1. ALL Boys 2. ALL Girls
6:25	4x400m Relay	1. ALL Boys 2. ALL Girls

***5 Varsity Athlete entries in Track Events - entries are unlimited for JV events**

—(EXCEPTION: 300m hurdles & 400m enter 4 individuals in varsity)

*JV Heats will be created by time - Varsity Heats will alternate lanes with each team (swapping at each laned event)

*JV will run with Varsity in the 1600m, 3200m and maybe the 800m - the 3200m may combine boys and girls into one heat

*We will likely add JV relay teams into the Varsity Heats in order to speed things up.

- - - Varsity teams would run in the middle lanes and any JV teams directly next to them will be from their own school.

Only 1/8 inch spikes are allowed in all events except javelin, which will be thrown off a grass surface

Visiting teams may change and shower in the Fieldhouse locker rooms - please furnish your own towels

Standard Dual Meet Scoring will be used: 5-3-1

Please accept the meet invite and submit all event entries into athletic.net by 7:31pm the day prior to the meet.