

Skyview High School - Track and Field Home Meet

AA Triangular Meet SCHEDULE OF EVENTS - Rolling Schedule

All track events are timed finals - - Boys followed by Girls

Boys and Girls Varsity will compete in the first Heats and Flights followed immediately by Junior Varsity unless indicated otherwise.

Limit all running event entries to 5 individuals for Varsity (exception: 300m LH & 400m- 4 individuals) Limit field event entries to 5 for Varsity. Entries are unlimited in all JV events.

Note: Varsity Field Events will be 3 attempts: top 5 to finals

Junior Varsity will be 3 attempts and throws will be marked with flags if necessary, no finals

Note: the 3200 meter run may be combined upon approval from all coaches

Field event times may be adjusted as needed

12:00 110 METER HIGH HURDLES (BOYS)
100 METER HIGH HURDLES (GIRLS)

100 M DASH (BOYS)
100 M DASH (GIRLS)

1600 M RUN (BOYS)
1600 M RUN (GIRLS)

4X100 M RELAY (BOYS)
4X100 M RELAY (GIRLS)

400 M DASH (BOYS)
400 M DASH (GIRLS)

300 M HURDLES (BOYS)
300 M HURDLES (GIRLS)

800 M RUN (BOYS)
800 M RUN (GIRLS)

200 M DASH (BOYS)
200 M DASH (GIRLS)

3200 M RUN (BOYS)
3200 M RUN (GIRLS)

4X400 RELAY (BOYS)
4X400 RELAY (GIRLS)

12:00 DISCUS (B)
JAVELIN (G) V-JV
POLE VAULT (G)
SHOT PUT (G) JV-V

HIGH JUMP (G)
LONG JUMP (G)
LONG JUMP (B)

Rolling JAVELIN (B) V-JV
HIGH JUMP (B)
TRIPLE JUMP (B)
TRIPLE JUMP (G)

Rolling SHOT PUT (B) JV-V
POLE VAULT (B)
DISCUS (G)

NOTE: IF ATHLETES ARE NOT ON TIME FOR THE FINAL HEAT, LANE OR ALLEY ASSIGNMENT, THEY WILL BE SCRATCHED.

NOTE: WE WILL BE USING A FLOATING SCHEDULE : Only 1/8 Spikes allowed in all events except the Javelin